

## **MEASUREMENT GUIDE**

<b>5.5"-6.5"</b> (14-16.5 cm)	X-SMALL
<b>6.5"-7.5"</b> (16.5-19 cm)	SMALL
<b>7.5"-8.5"</b> (19-21.6 cm)	MEDIUM
<b>8.5"-9.5"</b> (21.6-24.13 cm)	LARGE
9.5"-10.5" (24.13-26.7 cm)	X-LARGE
10.5"-11.5" (26.7-29.21 cm)	XX-LARGE

## **TO USE THE TAPE MEASURE:**

Place the tape measure around your knuckles, or the widest part of your hand, making a loose fist. Round your measurement to the nearest .5".

